

THE 2026 CONFERENCE ON ADOLESCENT HEALTH

CARING FOR YOUTH IN TIMES OF CHANGE



Online: November 2, 2026
In-person: November 5–7, 2026
Huntington Place, Detroit, MI

CALL FOR PROPOSALS OVERVIEW

THE 2026 CONFERENCE ON ADOLESCENT HEALTH

SCHEDULE AT A GLANCE

Monday, November 2	Thursday, November 5	Friday, November 6	Saturday, November 7
Virtual Day	Community of Practice*	Core Connections	Pass the Mic: Youth-Focused Presenters
10 a.m. – 3:15 p.m. EST	4–8 p.m. EST	8:30 a.m. – 4:30 p.m. EST	8:30 a.m. – 3 p.m. EST
	In-Person Only	In-Person Only	In-Person Only
		Reception & Awards: 5:30–7 p.m. EST	

**Intended for current or past participants in AHI's Adolescent Champion Model or ACE-AP quality improvement initiatives.*



Thank you for your interest in presenting at the [2026 Conference on Adolescent Health](#). The [Adolescent Health Initiative](#) (AHI) team is committed to planning an event that best meets the needs of the adolescent health community while ensuring accessibility to a diverse group of presenters and attendees.

We're especially excited for the upcoming Conference, as we introduce our community to a new, redesigned experience. From creating a dedicated virtual day to offering a community of practice event for our partners, we're imagining new ways to bring adolescent-supporting professionals together. We're even passing the mic to our youth for the final day of our Conference, giving them a platform and the resources to highlight the issues that most affect them.

We hope that you'll join us as a presenter and a member of our community. If there's anything we can do to support your application, please don't hesitate to [contact us](#).

Sincerely, 

Key Dates for Session Presenters:

- Friday, December 12, 2025 – Call for Proposals Submissions Open
- Friday, March 13, 2026, 11:59 p.m. EDT – Call for Proposals Submission Deadline
- Late April, 2026 – Notification of Proposal Decision
- June 1, 2026 – Annual Conference Registration Opens
- August 24, 2026 – Deadline for Speakers to Register
- October 1, 2026 – Deadline to Submit PPTX Slide Deck
- November 2, 2026 – Annual Conference on Adolescent Health, **VIRTUAL ONLY**
- November 6-7, 2026 – Annual Conference on Adolescent Health, **IN-PERSON ONLY**

Click the links below for:

1. [General Information](#)
2. [Presenter Responsibilities](#)
3. [Youth Presenters](#)
4. [Proposal Submission Process](#)

GENERAL INFO

Conference Objectives

- Assess strategies for adolescent-centered care in evolving social, technological, and environmental contexts.
- Identify evidence-based approaches for emerging adolescent health challenges in mental health, primary care, sexual and reproductive health, school-based and community health, and youth engagement strategies.
- Discuss strategies to build youth resilience and well-being amid social and environmental changes.
- Practice provider communication and cultural humility skills to build trust and engage diverse adolescents.
- Compare collaborative care models that unite providers, educators, families, and communities.

Attendees

Event attendees are from a variety of professional fields, including, but not limited to:

- Nurses
- Physicians
- Social workers
- Health education specialists
- Sex educators
- School-based health staff
- School administration/ leadership
- Medical students
- Health department/public health officials
- Behavioral health specialists
- Researchers
- Community health workers
- Youth-serving community-based organizations
- Youth

Presentation Schedule

The following schedule reflects presenter sessions only and is not inclusive of additional Conference offerings.

Monday, November 2 VIRTUAL ONLY	Friday, November 6 IN-PERSON ONLY	Saturday, November 7 IN-PERSON ONLY
Keynote: 10:10–10:50 a.m.	Workshops: 8:30–10 a.m.	Lightning 2*: 1:15–2:45 p.m.
Lightning: 11 a.m.–12:30 p.m.	Keynote: 10:25–11:25 a.m.	
Breakout 1: 1–2 p.m.	Lightning 1: 12:15–1:45 p.m.	
Breakout 2: 2:10–3:10 p.m.	Poster Presentations: 2:15–3 p.m.	
	Breakout: 3:15–4:15 p.m.	

All times are in Eastern Standard Time.

***Youth presenters only, ages 15–24**

PROPOSAL DETAILS

Proposal Types

Clinical-Based

Focuses on direct patient care, clinical interventions, and health care practices. These sessions often highlight diagnostic approaches, treatment strategies, case studies, and patient outcomes relevant to adolescent health.

Practical-Based

Emphasizes hands-on skills, applied strategies, and real-world implementation in adolescent health care. These sessions are designed to enhance professional practice, offering actionable tools, frameworks, or training methods.

Research-Based

Showcases original research, data analysis, and evidence-based findings related to adolescent health. These sessions explore methodology, key results, and implications for practice, policy, and future research directions.

Session Formats

Workshop

90 minutes

Interactive skill-building session designed to engage participants through activities, discussion, and problem-solving. Workshops should enhance the skills and knowledge of a multidisciplinary audience in adolescent health care. We seek a mix of introductory and advanced content to accommodate attendees with varying levels of expertise. Workshops are NOT intended to be primarily lectures and must include a total of 60 minutes of engaging practical or applied learning.

Breakout

50-minute presentation with 10-minute Q&A

Engaging presentation that includes audience interaction and/or discussion. Breakout sessions should enhance the skills and knowledge of a multidisciplinary audience of adolescent health professionals. We seek a mix of introductory and advanced content to accommodate attendees with varying levels of expertise.





Lightning

Four 20-minute presentations, each including a 5-minute Q&A

Individual sessions are intended to share innovative research, practices, and programs in adolescent health. Works in progress are encouraged but **MUST** include intended outcomes.

Poster Presentations

Dedicated 45-minute session for presenters to engage and share their poster content with attendees

Presentations are intended to share innovative research, practice, or programs in adolescent health. Works in progress are encouraged. Poster max size: 60" W x 42" H. Stands and boards for displaying posters will be provided.

Categories

The example subtopics below the categories are for guidance and are not exclusive. Proposals can expand on the examples listed or be unrelated.

Mental Health

- Social isolation and the lasting impact of the pandemic
- The intersection of technology and youth mental health
- Strategies for integrating mental health into primary care
- Addressing youth mental health workforce shortages
- Innovative approaches to healing-centered care
- Navigating mental health stigma and barriers to access



Primary Care

- The future of adolescent primary care in a post-pandemic world
- Integrating mental and physical health services for adolescents
- Addressing workforce shortages and recruitment challenges in adolescent health care
- Reducing redundancy and improving care coordination across systems
- Utilizing data and technology to improve adolescent health outcomes
- Funding strategies and sustainability in adolescent health care



Sexual & Reproductive Health

- The impact of shifting political landscapes on adolescent sexual health education
- Innovative approaches to comprehensive sex education
- Improving access to reproductive health care in underserved communities
- Addressing gender and sexual identity in adolescent health care
- Strategies for STI prevention and treatment in a digital world
- Adolescent pregnancy prevention and support services



School-Based & Community Health

- Community collaboration to enhance adolescent health services
- Addressing food insecurity and its impact on adolescent well-being
- The role of schools in preventing and responding to violence impacting youth
- Enhancing school-based health center effectiveness and reach
- The effects of climate change on adolescent health
- Overcoming funding challenges in school and community health programs



Youth Engagement Strategies

- Youth leadership in health care advocacy and policy
- Effective methods for engaging youth in program design and decision-making
- Gamifying health education for digital-native adolescents
- Leveraging social media to improve adolescent health literacy
- Creating safe spaces for difficult conversations about identity and health
- Addressing barriers to youth participation in health care initiatives

PRESENTER RESPONSIBILITIES



"I appreciated the space to talk about topics that might not otherwise be discussed—it was a thought-provoking conference and AHI was thoughtful in their approach to including and valuing diverse viewpoints."

—#AHI2024 Attendee

Communications

All correspondence will be sent to the primary submitter, who is responsible for disseminating information to ALL other speakers in their session. Please add AHIEvents@med.umich.edu and support@inforeadyreview.com to your contact list to ensure you receive all communications.

Costs

Registration

- All accepted speakers, including panel or presentation guests, are required to register and pay to attend the Conference and must be available at the time and date assigned by the Training & Outreach Team.
- Speakers receive a **10% discount** on Conference registration.
- Registration fees can be found on our [Conference webpage](#).

Travel & Lodging

All speakers are responsible for their own travel and lodging expenses. Blocked hotel rooms will be available—for the latest information, visit the [Conference webpage](#).

Scholarships

A limited number of scholarships may be available but are not guaranteed. Presenters should only submit a proposal if they have their own means to participate.

Financial Disclosures

To preserve the integrity of the conference experience, AHI has a policy of not selling services, products, or future consulting assignments during presentations. All accepted session speakers will be asked to sign a speaker agreement that includes this policy.

Youth Presenters

AHI seeks proposals that primarily feature youth voices for **Pass the Mic Day** on Saturday, November 7, 2026. We welcome youth voices in all other Conference sessions, but it is not required. Youth speaking opportunities for Pass the Mic are Lightning Sessions. Youth will use the same general submission link to submit their proposals for the Lightning Sessions. Youth presenters can be ages 15–24 and are required to register for the Conference and complete the financial disclosure by its deadline. Youth presenter information must be included in the submission. AHI expects that sessions including youth presenters will engage them in the planning and delivery of the session.

Please visit the following for information regarding the inclusion of young people in conference presentations.

- [Youth/Adult Co-Facilitation: For Adult Professionals](#)
- [Youth/Adult Co-Facilitation: Planning Together](#)
- [Youth/Adult Co-Facilitation: By Youth, For Youth](#)

Speaker Responsibilities

- Submit a completed application including all presenter details for the session
- Approved speakers must accept or decline
- Complete a brief demographic survey
- Attend the speaker kickoff or youth speaker kickoff
- Sign and submit the speaker agreement
- Create or update your MiCME account and complete the CME financial disclosure (required for ALL speakers)
- Complete the Children on Campus form (if any presenters are under age 18)
- Upload presenter photo and complete speaker profile in the Speaker Resource Center
- Register for the event
- Book travel & lodging
- Submit draft PPTX slides
- Submit final PPTX slides
- Practice your presentation
- Attend the speakers' pre-event overview: What to Expect at the Event
- Attend the Conference and present



Additional Information

The 2026 Conference on Adolescent Health is guided by AHI's values:

- Collaboration
- Diversity
- Equity
- Inclusion
- Expertise
- Innovation
- Responsiveness
- Quality

Submissions that address social determinants of health and health equity will be prioritized. Presenters are expected to promote evidence-based practice and address the unique and intersecting needs of youth, including but not limited to:

- LGBTQIA2S+ youth
- Youth of diverse racial and ethnic backgrounds
- Migrant youth
- Youth across socioeconomic statuses
- System-involved youth
- Youth from diverse religious backgrounds
- Expectant or parenting youth
- Youth with disabilities or who identify as disabled



HOW TO SUBMIT YOUR PROPOSAL

Please visit our [CFP Submission Questionnaire](#) to view all questions asked in the application process.

Step 1: Select the day on which you would like to present. **Presenters must be available at least 15 minutes before their session starts.**

- Monday, November 2, 2026, **Virtual Day**
 - All presentations and attendance will be virtual.
 - Lightning Sessions: 11 – 12:30 pm EST
 - Breakout 1: 1-2:00 pm EST
 - Breakout 2: 2:10 – 3:10 pm EST
- Friday, November 6, 2026, **Core Connections**, IN-PERSON ONLY
 - All presentations and attendance will be in person.
 - Workshops: 8:30 – 10:00 am EST
 - Lightning Sessions: 12:15 – 1:45 pm EST
 - Poster Presentations: 2:15 – 3:00 pm EST
 - Breakout: 3:15 – 4:15 pm EST
- Saturday, November 7, 2026: **Pass the Mic**, IN-PERSON ONLY
 - Youth Presenters Only (ages 15-25)
 - All presentations and attendance will be in person.
 - Lightning Session: 1:15 – 2:45 pm EST

Step 2: Select the proposal track:

- **Clinical-Based**
- **Practical-Based**
- **Research-Based**

Step 3: Select the session format:

- **Workshop** (90-minute interactive presentation and activity)
- **Breakout** (50-minute presentation with 10-minute Q&A)
- **Lightning** (session includes a series of four 20-minute presentations, each including a 5-minute Q&A)
- **Poster Presentations** (dedicated session includes 45 minutes for presenters to engage and share their poster content with attendees)



Step 4: Select a primary category (and secondary if applicable):

- Adolescent Mental Health
- Adolescent Primary Care
- Adolescent Sexual and Reproductive Health
- School-Based and Community Health
- Youth Engagement Strategies

Step 5: Review the [CFP Submission Questionnaire](#) to see the questions asked during the submission process. All speakers, including youth, must be identified and included in the submission.

Step 6: Review the key **Proposal Evaluation Criteria**:

Proposals are reviewed using a scoring rubric with points awarded from 1 (Unsatisfactory) to 4 (Above Average) based on the following criteria:

1. **Relevance to Adolescent Health:** Assesses how well the proposal addresses adolescent-specific health issues, outcomes, behaviors, population needs, cultural sensitivity, and a youth-centered approaches to adolescent health.
2. **Practice Improvement:** Evaluates the potential to enhance health care practices, increase utilization, and reduce health disparities and inequities.
3. **Objectives:** Reviews whether the project's goals align with the initiative and are clearly measurable or observable.
4. **Evidence:** Examines the use of evidence-based practices and supporting data or outcomes from similar programs.
5. **Youth Engagement:** Considers how meaningfully youth are involved in planning, participating, and having a voice in the project.

Step 7: Create and [submit your proposal](#) by **March 13, 2026, 11:59 PM EST**. Due to continuing education requirements, submissions will not be accepted beyond this date. All proposals must be submitted via the **2025 Call for Proposals [submission portal](#)**. Changes to draft or submitted proposals can be made up to the deadline. For changes to submitted proposals, please contact AHIEvents@med.umich.edu.



READY TO SHARE YOUR IDEAS?

[Click here to
submit a
proposal](#)

For more details, please visit AHI's [Annual Conference webpage](#) or contact the Training & Outreach Team at AHIEvents@med.umich.edu. We look forward to your submissions and your contributions to the **2026 Conference on Adolescent Health.**