



Monday 10 am - 12 Noon
Michigan Medicine
Pre-Post Heart Transplant & LVAD
Patients and Families
Virtual Support Group

For more information, please call:

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Heart Transplant & Center for Circulatory Support

Support Group Guidelines

- The virtual format works best if everyone arrives on-line by the scheduled time.
- Please remove outside distractions and turn off all cell phones and unrelated electronics.
- Own your feelings and experiences. In support groups the use of “you” may be interpreted as offering advice or an interpretation of someone else’s experiences. Stay within the “I” position.
 - Remember to share the floor.
- Respect is an important part of a support group. Please respect other’s opinions, emotions, and experiences.
- By tuning in, permission is implicit to show your face to other participants.

Confidentiality

- Please do not share the Zoom link or access codes with others.
- Participants are forbidden from recording support group sessions in any way, or producing screenshots of the meeting. Personal, confidential notes are ok.
 - What’s shared here stays here.
- Please be mindful of your peers and don’t allow outsiders to observe the group.
- Participants should not describe anything discussed in support group with others outside of support group. You may share with others your own contributions to the discussion, but not what others have shared, or any details about other participants, including their names, appearance or any other related personal information.
- We will make every attempt to respect your privacy and boundaries. We cannot guarantee strict confidentiality.
- Please be aware that a third party video conferencing solution (ZOOM) will be used to facilitate the virtual support group meetings. Although these calls may be encrypted for protection from malicious eavesdropping this cannot be guaranteed. By participating in the call, each participant has reviewed and accepted the security of the facilitating platform.